MOTOmed® Movement Therapy

Benefits of Daily Movement

MOTOmed® viva2 and MOTOmed® viva1
passive | motor-assisted | active resistive

at home | independent | safe

Movement Therapy for a Better Quality of Life
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**Trust** Since 1981 RECK MOTOmed Movement Therapy has been contributing worldwide to better health, mobility, well being and vitality.
1. MOTOmed Movement Therapy  

The basic principle

1. **passive**  
Loosen your arms and legs  
and try letting this mode move you gently.

2. **motor-assisted**  
Achieving an easier transition  
from passive to active training, with minimal effort and  
little muscle strength.

3. **active resistive**  
Active movement against finely  
adjustable resistance levels. Ideal home training for your  
heart, circulation and muscles.

Bring movement into your life -  
MOTOmed® makes it possible.

**Try it at no cost to you.**  
Request a MOTOmed trial free of charge and non-binding.  
Over ten sport scientists will gladly advise you about the most suitable MOTOmed options.  
For a personalized configuration you can choose from 12 basic models, over 90 accessories  
and 14 special therapy programs.

**>> All you need for healthy and successful training.**  
Please call: +49 7374 18-85.
2. MOTOmed Movement Therapy

Therapy goals / Indications

How does the MOTOmed® Movement Therapy benefit me?

+ **Reduce spasticity**  Loosen up your muscles to prevent sudden spasms, high muscle tone or general immobility.

+ **Restore residual muscle strength**  Are your muscles untrained or have they degenerated? Or are you inhibited by spasticity? Discover and gently rebuild residual muscle strength with the MOTOmed.

+ **Promote walking ability**  To enhance or strengthen mobility, basic fitness is necessary—muscle strength, endurance and coordination. These can be improved by engaging in regular MOTOmed training.

  The alternating and repetitive movements have a positive effect on muscle tone regulation, movement control and balance.

Medical Conditions  MOTOmed Movement Therapy is particularly beneficial for neurological or neuromuscular indications with extensive loss of leg function and/or arm motor activity which is caused by: Multiple sclerosis, stroke, paraplegia, spastic paralysis, muscle illness, traumatic brain injury, cerebral palsy, Parkinson’s disease, spina bifida, polyneuropathy, Guillain-Barré-Syndrome, polio, muscular dystrophy, ALS, ... or immobility due to orthopedic conditions and general movement deficit.

>> Bibliography reference 1–16 can be found on page 30. Ask us about scientific studies based on the MOTOmed Movement Therapy and about additional information referring to the healing power of movement.
Improve mental and physical well-being
Movement stimulates your physical and emotional well-being. It can improve your brain function, mood and energy level.

Counteract the consequences of impaired movement
such as:
- circulatory disorders (especially in the legs), thrombosis
- joint stiffness (contractures)
- muscular dystrophy
- digestion and bladder problems
- bone fragility (osteoporosis)
- fluid in the legs (oedema)
- cardiovascular weakness
- high blood pressure
- metabolic disorders (e.g. diabetes)

MOTOmed® helps with paralysis and spasticity, weakness and lack of movement.
Spasticity occurs even with the smallest movements. Thus, my mobility is very constricted. Initially, I had reservations and even fears about MOTOmed training. Today, the MOTOmed helps me with loosening up my muscles on a regular basis which reduces my sudden spasms.

Muscle tension and spasms are pleasantly reduced by smooth, precise and continuous movement of ServoCycling, MovementProtector and SpasmControl (page 14).
I am actually really lazy when it comes to exercise. However, it’s different with the MOTOmed. If my performance starts to drop, the device simply continues to move me. And without even thinking I start engaging in active cycling again. This let’s me overcome the limitations in my head. This alone motivates me.

The MOTOmed provides support to your daily training. The motor-assisted movement does not over strain. It stimulates and offers the opportunity to rediscover and build residual muscle strength (page 9).
### The MOTOmed® does much more than an ordinary ergometer!

<table>
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<tr>
<th>Fitness machine (e.g. ergometer)</th>
<th>MOTOmed Movement Therapy</th>
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<tr>
<td>- risk of falling/balance problems</td>
<td>+ training from a safe wheelchair or chair</td>
</tr>
<tr>
<td>- fatigue/over exertion</td>
<td>+ »motor takes over« and motivates for active training</td>
</tr>
<tr>
<td>- no passive relaxation</td>
<td>+ round, harmonious movements relax the muscles</td>
</tr>
<tr>
<td>- heavy start resistance</td>
<td>+ no start resistance due to »ServoCycling«</td>
</tr>
<tr>
<td>- fear of sudden spasms</td>
<td>+ spasticity is recognized, loosened and relieved</td>
</tr>
<tr>
<td>- only one single form of training (active training)</td>
<td>+ passive, motor-assisted, active resistive</td>
</tr>
<tr>
<td>- only physical fitness training</td>
<td>+ physical and concentration training</td>
</tr>
<tr>
<td>- no coordination training</td>
<td>+ coordination and motivation program</td>
</tr>
<tr>
<td>- limited individual adaption possibilities</td>
<td>+ individualized: over 90 accessory parts and adjustments</td>
</tr>
<tr>
<td>- stronger side compensates for the weaker</td>
<td>+ targeted training of the weaker side of body</td>
</tr>
<tr>
<td>- high pressure on joints, ligaments and tendons</td>
<td>+ gentle to joints, ligaments and tendons</td>
</tr>
<tr>
<td>- often heavy-sized and hard to transport</td>
<td>+ easily transportable via large castors</td>
</tr>
<tr>
<td>- often causes intensive running noise</td>
<td>+ cute, small and smooth; suitable for the home environment</td>
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Improve your gait – master the basics with the MOTOmed!

>> Ask your MOTOmed provider about related scientific studies:


5. MOTOmed Movement Therapy  A comprehensive view

1. **passive:** The MOTOmed performance. Let the MOTOmed move you (fig. 1). Feel your muscles relaxing. When your muscles aren’t stiff, your circulation improves and they receive a better oxygen and nutrient intake. This passive training prevents muscle shortening and joint stiffness. It keeps your muscles flexible, your joints moving more freely and it significantly contributes to the reduction of spasticity (fig. 4).

>> Movement that is simply good for you.

2. **motor-assisted:** MOTOmed helps you perform. You train with minimal input of personal muscle strength. This active impulse is motor-supported (fig. 2). This promotes strength and endurance even with minimal muscle force. Residual strength that is either blocked by spasticity or simply insufficient for complete active movements can be rediscovered and improved. >> Movement that supports and motivates.

3. **active resistive:** Your active performance. Active training against gradual resistance levels (fig. 3) ranging from very easy to hard (fig. 5). This benefits muscle preservation, muscle formation and cardiovascular training.

>> Movement that strengthens.

Your Advantage: The active/passive combination In case of fatigue during the active segment the motor automatically takes over the movement training (fig. 6). The muscles relax during passive movement which improves blood circulation and optimizes oxygen and nutrients flow in those muscles. After one to two minutes of passive movement you can proceed with active training with newly gathered strength. >> Longer training sessions for a better training success.

This intelligent active/passive recognition feature of the MOTOmed optimizes the motor assistance to suit your individual needs.
MOTOmed® viva2 This model was specifically developed for the needs of persons with walking disability and wheelchair users, particularly for those with limited arm-hand-finger motor coordination, as well as impaired vision.

User-friendly Operate your MOTOmed conveniently by using the eight easy feel buttons on the operating panel. For easier leg positioning, you can smoothly move the pedals into a more suitable position via a push-button system called the foot insertion aid. Enjoy the simplicity of a two-button operation from training start to finish. A clear color-coded system supports your ›intuitive navigation‹ – the next suggested step is marked green. All the operating prompts and the training feedback can be displayed in 27 different languages.

Accessories/configuration For whole-body training you can utilize the MOTOmed viva2 leg trainer with an arm/upper body trainer upgrade (page 21).

New MOTOmed viva2 hardware and software innovations are introduced on a consistent basis. You, too, can profit from the new scientific findings in your daily training. Therapy programs (page 18), MOTOmax Motivation Program (page 17), MOTOmed sam2 Analysis Program (page 24), Cardio16 pulse control (page 26).
MOTOmed® viva2_Parkinson  In combination with medication intake, regular physical therapy is the key to a modern form of Parkinson’s treatment. U.S. scientists have discovered that high-speed passive leg movement, at 80 – 90 rpm, significantly reduces the Parkinson’s–typical symptoms, such as stiffness (rigor), shaking (tremor) and movement deficit (akinesia).

The new MOTOmed viva2_Parkinson encourages you to achieve positive outcomes. It offers fast and motorized pedal crank revolution up to 90 rpm. After a short time you will see improvement in your fine motor skills which will make you more effectively engaged in regular daily activities.

>> Ask us about our free special brochures about movement therapy for Parkinson’s disease.

MOTOmed® viva1  The basic model leg trainer is upgradeable, part-by-part, to fully adapt into a combined leg and arm/upper body trainer.

Unlike the MOTOmed viva2, the MOTOmed viva1 is controlled by a simple remote control that is connected by spiral cable.

The SymmetryTraining (right fig.) and training feedback are displayed digitally.

>> The MOTOmed viva1 configuration can be retrofitted at any later point in time.

>> Contact us for more information. More than 90 accessory parts, as well as individual product adjustments compliment the 12 basic MOTOmed models. Please contact your MOTOmed representative or the RECK Company at info@motomed.com.
On the one hand, I know that medication is important for me but then again, the side effects bother me. I often feel weak and unmotivated.

In many cases you cannot completely discontinue medication. Although, a reduction is possible through regular MOTOmed Movement Therapy and after consultation with your doctor.

8. MOTOmed Models

Motomed® gracile  movement therapy for children or persons short in stature with body height starting at 90 cm / 3 feet.

Specifications
- **height adjustment:** The MOTOmed gracile is adjustable in height and training distance for a child, **stagelessly,** with no tools required.
- **pedal distance:** The inner foot distance of 12 cm / 3 in. is approximately 30% narrower than other movement trainers. Children can use the advantage of this movement therapy, with no additional physical strain.
- **upgradeable with MOTOmed arm/upper body trainer.**

>> For further information about movement therapy for children ask us about the free special brochure.

Motomed® letto2  The movement therapy system for patients confined to bed. Main areas of application: Coma, respiratory problems, intensive care, long-term care of bed-ridden patients, early rehabilitation or during hemodialysis treatment.

Special Features
- **expandable chassis** 1 provides an easy access to the bed unit
- **stability with ground fixation (4-Brake-Stop 2)**
- **Knee bending adjustment** 3  – knee flexion setting
- **TrainCare leg guides comfort** 4  – safe positioning of the lower leg
- **MOTOmed letto2_leg/arm** – for the first time, as an addition to the leg trainer, now also the arm/upper body trainer for bed-ridden patients

>> For further info about movement therapy in supine position, please request a free special brochure.

MOTOmed gracile12 – the only movement therapy device adjustable to the child’s growth

MOTOmed letto2 – movement therapy device for training in supine position with a secure leg guidance system
MOTOmed® ServoCycling  It’s a great experience to discover residual muscle strength with the MOTOmed! This residual strength can be targeted and trained accordingly which can often lead to improvement and reapplication of those inactive muscles. This, too, can ease the treatment and care. To make this possible, our engineers have developed a special function: MOTOmed ServoCycling.

This mechanism is similar to power-steering (servo steering) of a vehicle that allows a driver to control a large truck by one hand. The MOTOmed recognizes minimal muscle impulses. It assists with accelerating the pedals in order to continue the active pedaling. Therefore, active training is possible, even with minimal strength.  >> Rediscover and reapply residual muscle strength.

My physician explained to me that lack of movement is the main cause for my bone atrophy and my bone fragility. I have to admit, I am very afraid of regular, targeted movement.

The MOTOmed MovementProtector (page 14) and the finely adjusted resistance levels (gears) offer a safe and precisely proportioned training resistance for the muscles, bones and joints.
MOTOmed® SmoothDriveSystem  This function is an especially smooth drive technique in which the push of the muscle is transferred, without jolt, via belt system. With the assistance of this smooth, fluent and motorized motion sequence, you can ease and loosen even longer-lasting muscle tension (muscle tone increase/spasticity). This function helps you to reduce your muscle pain.  

>> Each training is started and finished in a gentle way with minimal impact on your joints and muscles.

MOTOmed® MovementProtector  In case of a muscle cramp, spasticity or a simple movement freeze during the course of the training, this function automatically stops the pedal movement. A special characteristic of this safety feature: No matter how the muscle tension changes, the MovementProtector does not remain constant but rather automatically adjusts to any change which makes it optimally gentle at all times.  

>> The motor stops the pedal movement in the occurrence of the smallest cramp.

MOTOmed® SpasmControl  The automatic rotation change feature of the SpasmControl can ease those spasms which are recognized by the MovementProtector. This process equates to the following therapeutic principle: A bending spasm is relieved by stretching, while a stretching spasm is eased by bending. The motor stops the pedal movement. Legs and arms are relieved and the direction of rotation is switched after a brief resting period. This process is repeated until the cramping is loosened.  

>> Eases and relieves cramps and spasms.
Detailed feedback  Follow your individual training process interactively. This allows you to optimize your movement therapy. With a vivid goal you become more motivated and you can communicate with others about the therapy and its benefits. What is important to you? Choose for yourself:

1. Training data is clearly arranged, at a glance (fig. 1).

2. Large display of individual data – defaults to alternate view. By pushing »2« you can activate the permanent view of individual data (fig. 2–5).

3. Up to 30 training-relevant and significant training results can be viewed as displayed on the screen at the end of the training, e.g. training duration (active/passive), distance (active/passive), average active movement [watt], symmetry, maximum active performance, energy, muscle tone, average pulse, jumps for joy and champion points (fig. 6).

By analyzing and documenting training results your training becomes more effective (page 24).

MOTOmed® viva2 display examples in minimized view

fig. 1 »training overview«

fig. 2 single parameter »performance«

fig. 3 single parameter »speed«

fig. 4 »active/passive time«

fig. 5 »muscle tone«

fig. 6 post training analysis – displays up to 30 different values

>> Should you have specific questions about your personalized training, feel free to contact your RECK Company representative.
Targeted strengthening of the weaker side  By means of the 2-bar-diagram you are able to observe (fig. below) the invested strength that is applied during the SymmetryTraining on either side of the body. During the training you are able to identify the »weaker« side of your body which lets you train and target it directly. >> Thereby you can prevent overstraining the joints and muscles of the healthier leg or arm.

Especially persons with unilateral deficits can benefit from the SymmetryTraining (e.g. stroke patients with hemiplegic problems).

MOTOMax stimulates you to engage in more intensive training.
**MOTOmax Motivation Program**  
Simultaneously train your coordination, concentration, strength and endurance. The concurrent physical and mental activity supports the development of new synapses (connections between brain cells) and has a positive effect on one’s cognitive performance.

Maneuver the game character MOTOmax to the left or to the right by contributing your own efforts. The goal is to equally engage your left and right side in order to keep MOTOmax on the middle green podium. MOTOmax will reward your success with a smile, jumps for joy and additional champion points.

The muscle output and coordination effort in this training game are displayed simultaneously but analyzed separately from each other: Your physical performance is recorded in approximate watt and is reflected in form of champion points. The coordinative effort is an accumulation of points and is reflected in form of jumps for joy.

The therapeutic benefit and the simple game principle increase the training motivation. >> Having fun during the training helps you train easier, more often and with a higher success rate.

> »Physical activity represents the stronger urge to prevent and limit age-related changes in the brain.«
  
  Prof. HOLLMANN, W.: RC Premium, 27/IV 2008, pg. 30
Individual, targeted training  Choose your optimal training protocol out of 14 special therapy programs, according to your medical condition or rehabilitation goal.

These programs are developed by RECK sports scientists based on therapeutic aspects of scientific rehabilitation research. The programs are composed of the following segments: standard, endurance, strengthening, loosening, coordination, Parkinson's disease, stroke, multiple sclerosis, neuro, ortho, cardio, as well as the possibility to create an »individual program«.

Individual program  The expert mode provides the possibility to customize the therapy programs according to personal needs, directly from the MOTOmed operating panel. You can simply optimize your own, brand-new therapy protocol.

»There is no medication that offers as many positive effects, while at the same time having little or no negative side effects, as moderate physical activity.«

Prof. Wildor Hollmann, originator of sports medicine in Germany
Foot insertion aid  Stageless adjustment of the pedals into a suitable position for an easier foot insertion (fig. 1) with the push of a button.

Stable handlebar  For more safety, you have the opportunity to grab hold of the handle (fig. 1), during the training and during foot positioning.

Safety foot shells  The foot shells are softly padded and slip-proof (fig. 2). Fasten your feet and legs with the soft Velcro straps.

Easy to transport  Thanks to large castors (ø 12 cm / 4.7 in.) (fig. 2), you can easily transport the MOTOmed (fig. 3).

Inside cable run  Train safely and without interruption.

High stability and slip prevention  In order to prevent slipping or tilting during the training, the MOTOmed is designed with high-quality metal and a 60 cm / 23.6 in. wide large stand support (fig. 2). For additional stability during the arm/upper body training, pull out the small foot stand (fig. 2).
Leg guides with calf shells (item no. 502) The leg guides 1 (fig. 1) provide a safe foothold. The softly padded and height-adjustable calf shells 2 (fig. 1) are positioned flexibly and are individually adjustable to your calves. This helps to prevent pressure marks on the skin and allows for a safe movement even in the occurrence of adduction-spasms (knock knee positions).

Self operating foot holders (item no. 506) Quick and independent foot fixation and release. Foot hold 3 (fig. 1) provided by a soft pressure roll. The control lever with the safety lock 4 (fig. 1) prevents inconvenient shifting during training.

Wheelchair stabilizer (item no. 8) Stabilize your wheelchair (fig. 2), e.g. in cases of strong spasticity. Please ask us about our chair fixation with tilt prevention.

Pedal radius quick adjustment (item no. 507) Exact and quick pedal radius adjustment to your joints. Stageless pedal radius adjustment or selection of 4 preset levels (fig. 3).

MOTOMed® colors

>> Additional accessories are listed in our current product overview. Contact your MOTOMed consultant if you are interested in special product customization. Call the RECK Company: +49 7374 18-85.
MOTOmed® arm/upper body trainer

The MOTOmed viva2, MOTOmed viva1 and MOTOmed gracile (for children) models can be equipped or retrofitted with an arm/upper body trainer. The MOTOmed stativ_viva2 (fig. 5, page 28) is exclusively designed for arm/upper body training.

Training your arms and upper body will help target and strengthen your arms, upper extremities, shoulder and spine muscles.

Change of training In order to quickly change the training options in the leg and arm trainer combination device, the arm trainer can be pivoted out and into the training area, for 180 degrees, without tools or the need for additional outside assistance.

Easy transition between leg and arm/upper body training
Wrist cuff for proper hand fixation (item no. 562) Made out of a soft material, prevents arm slipping during the arm/upper body training in cases of limited grasp function (fig. 1).

Forearm shells with arm cuffs (item no. 556) This accessory assures a secure hold and guidance of weak and paralyzed arms. Safe training, even in cases of spastic paralysis, by simply fastening the forearms (fig. 2).

Tetra handles (item no. 555) Vertical hand grips with forearm support for a guided forearm movement (fig. 3).

>> Depending on the individual medical condition you can apply 9 different handles or arm fixations. Contact us for more information: info@motomed.com

For patients that remain in a seated position the majority of the time, it is essential to work against the lack of movement and its side effects on their health. Therefore we emphasize early passive and assistive movement therapy.

The MOTOmed Movement Therapy allows for an absolutely safe motor-driven passive movement, as well as motor-assisted and active training with your own muscle strength (page 3).
Targeted coordination and concentration training

Train and advance your coordination and concentration with the regular MOTOmed viva2 and the MOTOmed 4-Segment Coordination Program (item no. 202). At the same time, you can engage your muscles and target different muscle groups. In order to achieve this form of training, one cycle revolution is divided into 4 segments (directions).

The health value is found in the combination of physical and mental activity. You can improve your strength and endurance while at the same time effectively train your concentration and coordination.

Only regular training leads to noticeable results. In order to contribute to your individual progress you can adapt your training to benefit your individual physical condition. For the best therapy outcomes there are 15 different training tasks (segment options).

>> Begin the training at an easier level and enhance your performance gradually.

- The foot symbols and the hand symbols prompt you to train the right and/or the left leg or the right and/or the left arm.
- The color-coded arrows reflect the currently trained segment and direction.
- Muscle strength is reflected through the length of the colored segment bars.
- The success bars reflect the precision of movement i.e. coordination and concentration. These values are measured independently from the physical work. Both values can be analyzed and documented (pages 24/25).
MOTOmed® sam2 – save, analyze and motivate
The MOTOmed chip card (item no. 204) automatically records the combined training data during the course of the training. Transfer and store data from the chip card to the PC with the Training Analysis Program MOTOmed sam2 (item no. 230).

Use MOTOmed sam2 to evaluate the stored training data. The results are clearly shown in a graph chart, e.g. in form of a long-term analysis (fig. 1), daily analysis (fig. 2), comparisons between training periods, in different formats such as bar diagrams (fig. 4), line charts (fig. 1) or system diagrams.

Quick capture of your training progress These interpretations provide additional assistance: mean value, tendency line and a calculation of the unique MOTOmed index, a combined evaluation of training intensity and quality.

MOTOmed® chip card with 3-way-purpose
1. Control the training by using the integrated therapy program. Insert the chip card into the operating panel. Make a selection: leg or arm/upper body training. The saved therapy program will start automatically. An easy guide with training tips will lead you through the training.

2. Store the training results on the chip card. – Evaluate your saved training results on your PC, using the MOTOmed sam2.

3. Quick and easy computer printout. Insert the chip card into the card reader, press the corresponding function button on your PC – done.

Individual training in medical facilities Simply take your chip card with you to the rehab facility and conveniently train in accordance to allocated settings and programs.

For me personally the MOTOmed is a complimentary therapy to physical therapy since it loosens up the muscles before the actual manual therapy. The majority of the time, MOTOmed Movement Therapy contributes to a reduction of hospital stays and to a faster mobilization of the patient.

With the motorized and software-controlled MOTOmed devices a daily repetitive passive movement of the legs, arms and upper body is possible without any problems. Therefore, manual therapy can be applied in a more effective and efficient manner.
With the MOTOmed sam2 you can easily print the training results in a graphical or tabular format. Pictured examples in small view:

**fig. 1** «active speed» for more flexibility, e.g. from 46 to 59 rpm in approx. 8 weeks - as long-term analysis

**fig. 2** «cardio daily analysis» for a detailed monitoring of training intensity based on the pulse rate

**fig. 3** detailed training results analysis 4-Segment Coordination Program (page 23) - daily analysis

**fig. 4** summary of training results of individual training sessions, comparison between two time periods - e.g. «success rate» within 6 months

**Your advantages** The MOTOmed sam2 allows for a clear overview of your training results and provides a detailed long-term documentation that you can use in consultations with your physician or therapist. Create the most effective individualized training based on your analysis. Use your printouts as a verification and proof for medical facilities and cost carriers.
**MOTOMed® Cardio16 pulse control** (item no. 275/276) An important factor of successful muscle and cardiovascular training is the right dosage of resistance. With the Cardio16 pulse control the resistance level can automatically be regulated (up or down) according to your pulse. For optimal training intensity and high safety.

The MOTOMed resistance level is adopted to preset upper and lower pulse limits (target pulse rate) which can be set via operating panel or chip card. If the targeted pulse rate is exceeded, the pulse control regulates the resistance level accordingly. This allows for successful prevention of overstraining. Engage in regular physical training in order to improve your cardiovascular functions, your endurance and muscle strength.

**MOTOMed® Movement Therapy with functional electrical stimulation (FES)** The main field of application is spinal cord injury with temporary to permanent paralysis of the legs or arms. Also applied in reduction of secondary illnesses of spinal cord injury.

Therapy goals
- muscle preservation and build-up
- execution of an effective cardiovascular training
- improvement of blood circulation
- activation of metabolism
- improvement of skin circulation and decubitus prophylaxis
- movement enhancement and preservation
- improvement of the overall well-being

For any further information about movement therapy with FES request our free MOTOMed brochures.
Ankle joint control  Make a commitment to improve your circulation!

With the ankle joint adjustment, the calf muscle pump in our body is activated by engaging in a bending and stretching movement. By tensing and relaxing the calf muscle the »returning« blood is »pumped« back against the gravity to the heart. That way blood that is high in oxygen and nutrient content can flow all the way to the toes.

How the ankle joint control operates:

With the help of the ankle joint control you can enhance your circulation, improve the condition of your muscles and organs, have warmer feet and reduce of pain during walking. Prevention of varicose veins and swelling in the legs, for the prevention of amputation (e.g. diabetes) or drop foot.

>> Should you have specific questions about your personalized training, feel free to speak with a MOTOmed consultant. Over 10 experienced sport scientists will be of assistance to you (area of concentration: prevention and rehabilitation).
Quality and variety 12 basic MOTOmed models with over 90 accessory parts and 14 special therapy programs complement your daily therapy.

Experience and Expertise Since 1971 the RECK Company has been contributing to innovations in the field of movement therapy, with a worldwide distribution, in close collaboration with physicians, therapists, universities and patients. Since 1981, the motor-driven and software-controlled MOTOmed has successfully been used in over 70 countries. What started as a family business over 50 years ago, resulted in the RECK Company with over 200 employees and the invention of the groundbreaking passive, motor-assisted and active resistive movement therapy. Innovation, high quality, creditability and safety, the typical “Made in Germany” characteristics describe the MOTOmed trademark and make the RECK Company the world market leader it is today.

In spring 2010 the RECK company increased its capacity with a 50 x 125 m / 164 x 420 ft. production hall.
The most successful therapy can be reached by contributing to the treatment by yourself.
Competent consultation Our professional team of experts including more than 10 certified sport scientists will assist you in making the optimal MOTOmed equipment and program selection.

Free MOTOmed trial! Ask your local MOTOmed representative for a trial at home.

Demonstration Your MOTOmed representative will gladly organize a product demonstration at your medical facility.

Purchase Ask us about the available options for obtaining your personal MOTOmed.

Literature:

16. KLARE WR.: Movement is a part of it like brushing the teeth. MMW-Fortschr Med 2007; 19(149): 36-40.

The statements are cited with regards to content.
Free information material

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